



Fast Fit[®] Solutions

Shoe Inserts & JumpStart[®] Orthoses

Helping kids lead healthier, happier lives

The Fast Fit[®] Guide to Brace Selection

Prefabricated Paediatric Orthoses

Is Fast Fit right for your patient?

Common indicators...

- Young children (birth to 9)
- Fully correctable foot alignment
- In need of orthotic intervention

How to use this guide...

1 Find the Patient Group that best matches the child's presentation

Use the brief descriptions at the top of each column

2 Match the level of involvement

Choose from Mild, Moderate or Strong

3 Choose a Brace Solution

Within each patient group are the recommended Fast Fit solutions

Low Tone Pronation



MILD

Visible medial arch. Mild heel eversion and forefoot abduction

Can correct when prompted

Can be manually corrected with no resistance

Chipmunk

4.00 - 12.25 in
Pronation only



High Tone Pronation | Supination



MILD

HIGH TONE PRONATION

Visible medial arch. Mild heel eversion and forefoot abduction

Can correct when prompted

Can be manually corrected with mild resistance

HIGH TONE SUPINATION

Mildly increased medial arch. Mild heel eversion and forefoot abduction

Can correct when prompted

Can be manually corrected with mild resistance

Cricket

4.00-9.00 in



Chipmunk

4.00-12.25 in
Pronation only



JumpStart Leap Frog

4.00-9.00 in



Swing Phase Inconsistency



MILD

Lands heel first. No obvious compensations of the knee and hip

Occurs almost never (less than 80% of the time)

Can control when prompted

JumpStart Bunny

4.00 - 9.00 in
Wrap-around strap



JumpStart Softback

4.00 - 9.00 in



MODERATE

Reduced medial arch. Moderate heel eversion and forefoot abduction

Can improve when prompted

Can be manually corrected with mild resistance

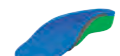
Cricket

4.00 - 9.00 in



Chipmunk

4.00 - 12.25 in



MODERATE

HIGH TONE PRONATION

Reduced medial arch. Moderate heel eversion and forefoot abduction

Can improve when prompted

Can be manually corrected with moderate resistance

HIGH TONE SUPINATION

Increased medial arch. Moderate heel eversion and forefoot abduction

Can improve when prompted

Can be manually corrected with moderate resistance

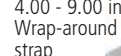
JumpStart Leap Frog

4.00 - 9.00 in



JumpStart Bunny

4.00 - 9.00 in
Wrap-around strap



MODERATE

Lands foot-flat, accompanied by pronation/supination.

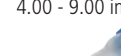
Some compensations of the knee and hip

Occurs almost always (80% of the time)

Can improve when prompted

JumpStart Softback

4.00 - 9.00 in



STRONG

Absent medial arch. Strong heel eversion and forefoot abduction

Cannot improve when prompted

Can be manually corrected with moderate resistance

Chipmunk

4.00 - 12.25 in



JumpStart Leap Frog

4.00 - 9.00 in



STRONG

HIGH TONE PRONATION

Absent medial arch. Strong heel eversion and forefoot abduction

Cannot correct when prompted

Can be manually corrected with strong resistance or cannot be corrected

HIGH TONE SUPINATION

Significantly Increased medial arch. Strong heel eversion and forefoot abduction

Cannot correct when prompted

Can be manually corrected with strong resistance or cannot be corrected

JumpStart Leap Frog

4.00-9.00in



JumpStart Bunny

4.00-9.00in



JumpStart Kangaroo

4.00-9.00in



STRONG

Lands forefoot-first, accompanied by pronation/supination. Marked compensations of the knee and hip

Occurs Constantly (100% of the time)

Cannot control when prompted

JumpStart Softback

4.00 - 9.00 in



JumpStart Kangaroo

4.00 - 9.00 in



Excess Plantarflexion

Toe-Walking



MILD

Ankle plantarflexion: 0°
Occurs occasionally (less than 50% of the time)
Can correct when prompted
Can be manually corrected with mild resistance

JumpStart Bunny

4.00 - 9.00 in
Wrap-around strap



JumpStart Softback

4.00 - 9.00 in



Knee Hyperextension



MILD

Gentle knee extension: 0-2°
Occurs occasionally (less than 50% of the time)
Can correct when prompted
Can be manually corrected with mild resistance

JumpStart Bunny

4.00 - 9.00 in
Wrap-around strap



JumpStart Softback

4.00 - 9.00 in



Excess Dorsiflexion

Crouching



MILD

Gentle excess dorsiflexion and knee flexion: 5-10°
Occurs occasionally (less than 50% of the time)
Can correct when prompted
Can be manually corrected with mild resistance

JumpStart Bunny

4.00 - 9.00 in
Wrap-around strap
must pass anteriorly



Positioning Limited Ambulation



MILD

Accompanied by mild pronation/supination
Frequent assisted ambulation
Can be manually corrected with moderate resistance

Cricket

4.00-9.00in



Chipmunk

4.00-12.25in
Pronation only



JumpStart Bunny

4.00-9.00in
Wrap-around strap



MODERATE

Ankle plantarflexion: 0-2°
Occurs frequently (50% of the time)
Can improve when prompted
Can be manually corrected with moderate resistance

JumpStart Softback

4.00 - 9.00 in



JumpStart Kangaroo

4.00 - 9.00 in



MODERATE

Marked knee extension: 2-5°
Occurs frequently (50% of the time)
Can improve when prompted
Can be manually corrected with moderate resistance

JumpStart Softback

4.00 - 9.00 in



JumpStart Kangaroo

4.00 - 9.00 in



MODERATE

Marked excess dorsiflexion and knee flexion: 10-15°
Occurs frequently (50% of the time)
Can improve when prompted
Can be manually corrected with moderate resistance

JumpStart Kangaroo

4.00 - 9.00 in



MODERATE

Accompanied by moderate pronation/supination
Occasional assisted ambulation
Can be manually improved

JumpStart Bunny

4.00 - 9.00 in
Wrap-around strap



JumpStart Kangaroo

4.00 - 9.00 in



STRONG

Ankle plantarflexion : 2° or more
Occurs Constantly (100% of the time)
Cannot correct when prompted
Can be manually corrected with strong resistance or cannot be corrected

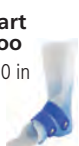
JumpStart Softback

4.00 - 9.00 in



JumpStart Kangaroo

4.00 - 9.00 in



STRONG

Significant knee extension: 5° or more
Occurs Constantly (100% of the time)
Cannot correct when prompted
Can be manually corrected with strong resistance

JumpStart Kangaroo

4.00 - 9.00 in



STRONG

Significant excess dorsiflexion and knee flexion: 15° or more
Occurs Constantly (100% of the time)
Cannot correct when prompted
Can be manually corrected with strong resistance or cannot be corrected

JumpStart Kangaroo

4.00 - 9.00 in



STRONG

Accompanied by strong pronation/supination
Assisted transfers only, or non-weight bearing
Cannot be manually corrected

JumpStart Kangaroo

4.00 - 9.00 in





believes...

“**better mobility** gives children a wider range of experiences, **more success** in the activities they choose, and ultimately **more control** over their lives”

Prefabricated Fast Fit Orthoses

The orthoses in this guide include the Fast Fit line of prefabricated shoe inserts and JumpStart braces.

The Fast Fit products are ordered by foot size and are designed for patients with fully correctable foot alignment who need flexible support for standing and walking. For more information visit the Fast Fit section of cascadafo.com.

Fast Fit Orthoses

Shoe Inserts

Cricket

Chipmunk

JumpStart braces

JumpStart Leap Frog

JumpStart Bunny

JumpStart Kangaroo

JumpStart Softback



The Fast Fit Advantage

Prefabricated Paediatric Orthoses



Who

can use Fast Fit?

Welcome to Fast Fit

The Fast Fit product line was designed especially for young children with fully correctable foot alignment in need of flexible support for standing and walking.



Examples of typical Fast Fit candidates

What

is Fast Fit?

Two categories of orthoses

Shoe Inserts

Provide support and sensory input for low tone pronation.



JumpStart

Full wrap-around support for pronation / supination control.

Available in SMO and AFO trimlines offering various levels of control.



Why

should I use Fast Fit?

Improved foot alignment and steadier gait

Fast Fit orthoses help create a balanced foot position during weight bearing, increasing voluntary control of movement.

These prefabricated devices are affordable alternatives to custom bracing.



How

do I use Fast Fit?

Determine bracing solution

Use our **Fast Fit Brace Selection Guide** on the following page to determine the right amount of support for your patient.

A great solution for Early Intervention

Early intervention is the first step in improving future mobility by creating a more appropriate pattern of movement.

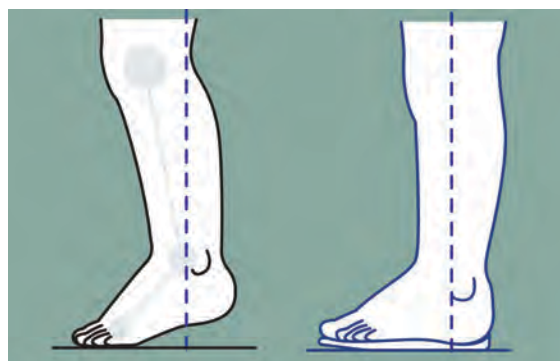
Fast Fit orthoses provide a continuous progression of minimal to moderate levels of support. They work well in conjunction with physical therapy.

Fast Fit® Carbon Fibre Footplate

Mild intervention for Idiopathic Toe Walking

The Carbon Fibre Footplate provides mild intervention for Idiopathic Toe Walking (ITW). The footplate is light in weight but very stiff, and limits toe walking because the toes cannot bend. This combination provides a low level of support that may help with compliance for patients with ITW, compared to the alternative of blocking excess plantarflexion with an AFO design.

CASCADE®
dafo®



before

after

Key Features

Sleek design

fits under insole or orthosis.

Rigid support

helps prevent toe walking by blocking MP extension.

Slight toe angle

assists with toe off.

Designed for patients who:

- For patients who exhibit Idiopathic Toe Walking (ITW) who haven't worn orthoses before or have had issues with compliance.

Standard Product Specifications

Prefabricated

Sized by measurement using the Fast Fit sizing jig.

Sizes: 4.00 - 13.00 inches (0.25 inch increments).

Choose the Carbon Fiber Footplate in the same length as the shoe's insole (do not add room for growth).

If in-between sizes, go down 0.25" in size..

Construction

Rigid Carbon Fibre supplied with double sided tape

SIZES

4.00 in	10.2 cm	8.25 in	21.0 cm
4.25 in	10.8 cm	8.50 in	21.6 cm
4.50 in	11.4 cm	8.75 in	22.2 cm
4.75 in	12.0 cm	9.00 in	22.9 cm
5.00 in	12.7 cm	9.25 in	23.5 cm
5.25 in	13.3 cm	9.50 in	24.1 cm
5.50 in	14.0 cm	9.75 in	24.8 cm
5.75 in	14.6 cm	10.00 in	25.4 cm
6.00 in	15.3 cm	10.25 in	26.0 cm
6.25 in	15.9 cm	10.50 in	26.7 cm
6.50 in	16.5 cm	10.75 in	27.3 cm
6.75 in	17.2 cm	11.00 in	27.9 cm
7.00 in	17.8 cm	11.25 in	28.6 cm
7.25 in	18.4 cm	11.50 in	29.2 cm
7.50 in	19.0 cm	11.75 in	29.8 cm
7.75 in	19.7 cm	12.00 in	30.5 cm
8.00 in	20.3 cm	12.25 in	31.1 cm

**FAST
FIT**

No casting needed!

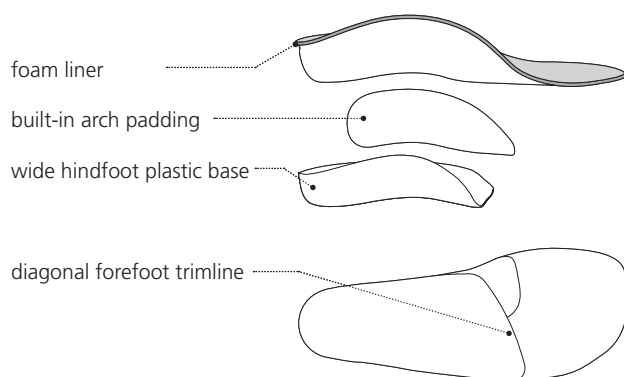
Fast Fit® Chipmunk®

Prefabricated maximum support shoe insert



CASCADE
daFO®

Designed to control moderate low tone pronation with an optimal amount of support and comfort, the Chipmunk has an integrated two-part system combining internal support from moulded foam contours with the stability of a flat, external base and deep heel cup for maximum correction of the foot position.



Moderate pronation,
unstable foot position

Improved foot alignment
and steadier gait

Key Features

High medial trimline

covers the navicular to protect from rubbing.

Bottom plastic base

with diagonal forefoot trimline to facilitate natural push-off.
Full heel cup for stabilisation.

Built-in arch padding

gives additional internal support.

Plantar surface

supports good foot alignment with soft, resilient contours.

Foam liner

comfortable and very flexible.

Flattened toe shelf

leaves room for toes within the shoes, and can be trimmed to fine-tune the fit. Allows for addition of toe rise pad when desired.

Designed for patients who:

- Exhibit moderate pronation and have a fully correctable foot position. The patient's medial arch is reduced, forefoot is moderately abducted and heel is everted.
- May benefit from the sensory feedback that a contoured shoe insert can provide.

Standard Product Specifications

Prefabricated

Sized by measurement using the Fast Fit sizing jig.

Sizes: 4.00 - 12.25 inches (0.25 inch increments).

Choose length that will allow for 0.25 – 0.50 in growth.

Construction

Foam layer with contours + built-in arch padding + plastic base with full cup heel.

SIZES

4.00 in	10.2 cm	8.25 in	21.0 cm
4.25 in	10.8 cm	8.50 in	21.6 cm
4.50 in	11.4 cm	8.75 in	22.2 cm
4.75 in	12.0 cm	9.00 in	22.9 cm
5.00 in	12.7 cm	9.25 in	23.5 cm
5.25 in	13.3 cm	9.50 in	24.1 cm
5.50 in	14.0 cm	9.75 in	24.8 cm
5.75 in	14.6 cm	10.00 in	25.4 cm
6.00 in	15.3 cm	10.25 in	26.0 cm
6.25 in	15.9 cm	10.50 in	26.7 cm
6.50 in	16.5 cm	10.75 in	27.3 cm
6.75 in	17.2 cm	11.00 in	27.9 cm
7.00 in	17.8 cm	11.25 in	28.6 cm
7.25 in	18.4 cm	11.50 in	29.2 cm
7.50 in	19.0 cm	11.75 in	29.8 cm
7.75 in	19.7 cm	12.00 in	30.5 cm
8.00 in	20.3 cm	12.25 in	31.1 cm

**FAST
FIT**

No casting needed!

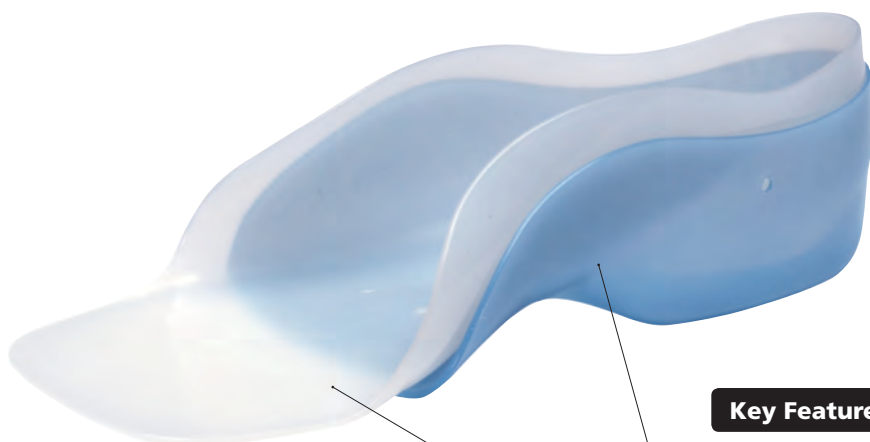
Fast Fit® Cricket®

Prefabricated maximum support shoe insert



CASCADE
daFO®

The Cricket was developed especially for children with mild to moderate pronation and supination. Stability and alignment improvement come from a deep heel cup, well-defined plantar surface, and medial / lateral forefoot containment in combination with a stable outer foundation. The sub-malleolar UCBL trimline allows the orthosis to become enclosed entirely within a shoe.



Key Features

Solid outer foundation

provides additional arch support and heel stabilisation.

Partial wrap inner liner

made from soft, thin, polyethylene plastic cups heel, supports arches and contains midfoot and forefoot. Trimline is below top edge of shoe.

Designed for patients who:

- Exhibit a fully correctable foot position and fit within the product size range.
- Present with mild to moderate pronation or supination and associated gait instability.
- May benefit from the sensory feedback provided by a fully contoured foot bed.
- Require access to free dorsiflexion and plantarflexion.

Standard Product Specifications

Prefabricated

Sized by measurement using the Fast Fit sizing jig.

Sizes: 4.00 - 9.00 inches (0.25 inch increments).

Choose length that will allow for 0.25 – 0.50 in growth.

Outer shell

Moderate Flexibility Polyethylene for sizes 4.00 - 8.00 in.
Blue (Standard) or Pink.

Firm Co-poly for sizes 8.25 - 9.00 in.

White only.

SIZES		AVAILABLE COLOURS
4.00 in	10.2 cm	BLUE PINK
4.25 in	10.8 cm	BLUE PINK
4.50 in	11.4 cm	BLUE PINK
4.75 in	12.0 cm	BLUE PINK
5.00 in	12.7 cm	BLUE PINK
5.25 in	13.3 cm	BLUE PINK
5.50 in	14.0 cm	BLUE PINK
5.75 in	14.6 cm	BLUE PINK
6.00 in	15.3 cm	BLUE PINK
6.25 in	15.9 cm	BLUE PINK
6.50 in	16.5 cm	BLUE PINK
6.75 in	17.2 cm	BLUE PINK
7.00 in	17.8 cm	BLUE PINK
7.25 in	18.4 cm	BLUE PINK
7.50 in	19.0 cm	BLUE PINK
7.75 in	19.7 cm	BLUE PINK
8.00 in	20.3 cm	BLUE PINK
8.25 in	21.0 cm	WHITE
8.50 in	21.6 cm	WHITE
8.75 in	22.2 cm	WHITE
9.00 in	22.9 cm	WHITE

**FAST
FIT**

No casting needed!

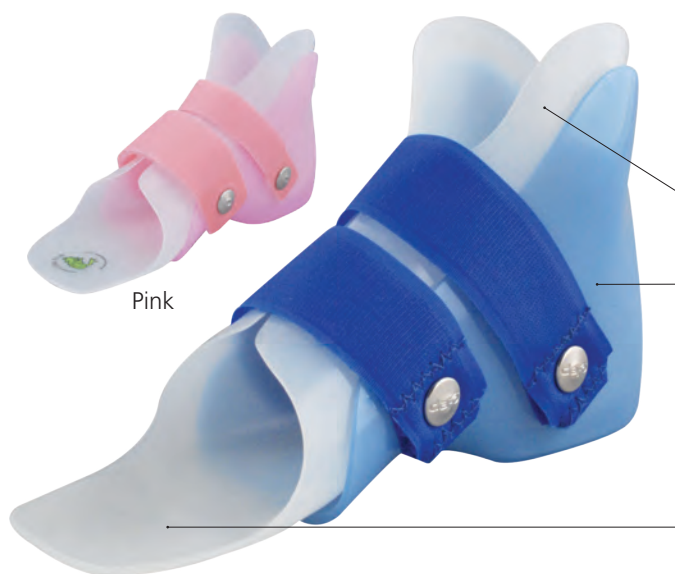
JumpStart® Leap Frog®

Supra-malleolar (SMO) trimline, PF free, DF free

CASCADE[®]
daFO[®]



The JumpStart Leap Frog was developed to help young children with correctable moderate to strong pronation or supination to re-align their base of support for improved stability in standing and walking. Full wrap-around flexible support encompasses the foot and ankle for pronation and supination control. A well-defined plantar surface and wrap-around compression provide proprioceptive input. Solid outer foundation adds extra arch support and heel stability. The SMO trimline gently guides medial / lateral ankle alignment and fully encompasses the heel and forefoot for excellent alignment control.



Pink

Key Features

Open ankle trimline

allows for free dorsiflexion and plantarflexion movement.

Solid outer foundation

provides additional support and heel stabilisation.

Full wrap inner liner

made from soft, thin polyethylene plastic allows full alignment control of the heel, mid-foot, and forefoot.

Designed for patients who:

- Exhibit a fully correctable foot position and fit within the product size range.
- Present with moderate to strong pronation or supination and associated gait instability.
- May benefit from the sensory feedback provided by a fully contoured foot bed.
- Require access to free dorsiflexion and plantarflexion.

Standard Product Specifications

Prefabricated

Sized by measurement using the Fast Fit sizing jig.

Sizes: 4.00 - 9.00 inches (0.25 inch increments).

Choose length that will allow for 0.25 – 0.50 in growth.

Outer shell

Moderate Flexibility Polyethylene for sizes 4.00 - 8.00 in.
Blue (Standard) or Pink.

Firm Co-poly for sizes 8.25 - 9.00 in.
White (with blue or pink straps).

Straps

Instep and Forefoot - riveted layover.

SIZES		AVAILABLE COLOURS
4.00 in	10.2 cm	BLUE PINK
4.25 in	10.8 cm	BLUE PINK
4.50 in	11.4 cm	BLUE PINK
4.75 in	12.0 cm	BLUE PINK
5.00 in	12.7 cm	BLUE PINK
5.25 in	13.3 cm	BLUE PINK
5.50 in	14.0 cm	BLUE PINK
5.75 in	14.6 cm	BLUE PINK
6.00 in	15.3 cm	BLUE PINK
6.25 in	15.9 cm	BLUE PINK
6.50 in	16.5 cm	BLUE PINK
6.75 in	17.2 cm	BLUE PINK
7.00 in	17.8 cm	BLUE PINK
7.25 in	18.4 cm	BLUE PINK
7.50 in	19.0 cm	BLUE PINK
7.75 in	19.7 cm	BLUE PINK
8.00 in	20.3 cm	BLUE PINK
8.25 in	21.0 cm	WHITE
8.50 in	21.6 cm	WHITE
8.75 in	22.2 cm	WHITE
9.00 in	22.9 cm	WHITE

**FAST[®]
FIT**

No casting needed!

JumpStart® Bunny®



SMO trimline with proximal PF resist strap

CASCADE
daFO®

The JumpStart Bunny was developed to help young patients with fully-correctable pronation, supination or swing phase inconsistency to realign their base of support for improved stability in standing and walking. Full wrap-around flexible support encompasses the foot and ankle for pronation and supination control. A well-defined plantar surface and wrap-around compression provide proprioceptive input. Proximal strap(s) provides an aid to frontal plane control and influence mild resistance to excess sagittal plane motion. Solid outer foundation adds extra arch support and heel stability.



Key Features

High proximal 'ears'

provide additional medial / lateral control.

Proximal posterior elastic strap

adds to frontal plane control and offers mild resistance to excess plantarflexion. Option to replace posterior strap with anterior / posterior wrap-around strap.

Solid outer foundation

provides additional support and heel stabilisation.

Full wrap inner liner

made from soft, thin polyethylene plastic allows full alignment control of the heel, mid-foot, and forefoot.

Designed for patients who:

- Exhibit a fully correctable foot position and fit within the product size range.
- Present with moderate to strong pronation or supination and associated gait instability.
- May benefit from the sensory feedback provided by a fully contoured foot bed.
- Demonstrate mild swing phase instability, or excess plantarflexion presented as mild toe walking or knee hyperextension.
- Require some resistance to plantarflexion.

Standard Product Specifications

Prefabricated

Sized by measurement using the Fast Fit sizing jig.

Sizes: 4.00 - 9.00 inches (0.25 inch increments).

Choose length that will allow for 0.25 – 0.50 in growth.

Outer shell

Moderate Flexibility Polyethylene for sizes 4.00 - 5.75 in. Blue (Standard) or Pink.

Firm Co-poly for sizes 6.00 - 9.00 in. White (with blue or pink straps).

Straps

Instep and Forefoot - riveted layover.

Posterior strap – elastic inside / outside (resists PF).

SIZES		AVAILABLE COLOURS
4.00 in	10.2 cm	BLUE PINK
4.25 in	10.8 cm	BLUE PINK
4.50 in	11.4 cm	BLUE PINK
4.75 in	12.0 cm	BLUE PINK
5.00 in	12.7 cm	BLUE PINK
5.25 in	13.3 cm	BLUE PINK
5.50 in	14.0 cm	BLUE PINK
5.75 in	14.6 cm	BLUE PINK
6.00 in	15.3 cm	WHITE
6.25 in	15.9 cm	WHITE
6.50 in	16.5 cm	WHITE
6.75 in	17.2 cm	WHITE
7.00 in	17.8 cm	WHITE
7.25 in	18.4 cm	WHITE
7.50 in	19.0 cm	WHITE
7.75 in	19.7 cm	WHITE
8.00 in	20.3 cm	WHITE
8.25 in	21.0 cm	WHITE
8.50 in	21.6 cm	WHITE
8.75 in	22.2 cm	WHITE
9.00 in	22.9 cm	WHITE



Wrap-around strap



Co-poly

**FAST
FIT**

No casting needed!

JumpStart® Softback®

AFO trimline, PF resist, DF free



CASCADE
daFO

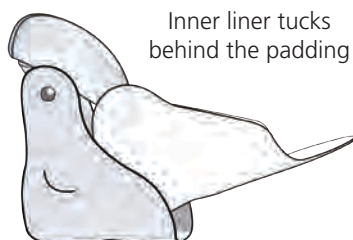
The JumpStart Softback is a prefabricated AFO providing comfortable control of moderate toe walking and knee hyperextension. The Softback's posterior pad and strap combination work together to resist excess plantarflexion beyond 2 degrees, while encouraging increased dorsiflexion. It is also good for idiopathic, or sensory seeking toe walking where the child may not tolerate a larger Kangaroo orthoses on the limb.



Flexible
Dacron
strap



Inner liner tucks
behind the padding



Key Features

Soft yet durable padding sewn to flexible Dacron strap
strongly resists excess PF and encourages free DF.

Dacron strap attaches to outer frame
for durability.

Full-wrap inner liner
provides alignment control of the heel, midfoot, and forefoot.

Inner liner tucks behind the padding
for added comfort.

Solid outer foundation
provides additional support and heel stabilisation.

Designed for patients who:

- Exhibit a fully correctable foot position and fit within the product size range.
- Demonstrate mild to moderate excess plantarflexion presented as toe-walking or knee hyperextension.
- Require some resistance to plantarflexion.
- Will benefit from full access to dorsiflexion.
- Present with moderate to strong pronation or supination and associated gait instability.
- May benefit from the sensory feedback provided by a fully contoured foot bed.

Standard Product Specifications

Prefabricated

Sized by measurement using the Fast Fit sizing jig.

Sizes: 4.00 - 9.00 inches (0.25 inch increments).

Choose length that will allow for 0.25 – 0.50 in growth.

Outer shell

Moderate Flexibility Polyethylene for sizes 4.00 - 8.00 in.
Blue (Standard) or Pink.

Firm Co-poly for sizes 8.25 - 9.00 in.
White (with blue or pink straps).

Straps

The posterior strap colour is available in white Dacron only.

SIZES		AVAILABLE COLOURS
4.00 in	10.2 cm	BLUE PINK
4.25 in	10.8 cm	BLUE PINK
4.50 in	11.4 cm	BLUE PINK
4.75 in	12.0 cm	BLUE PINK
5.00 in	12.7 cm	BLUE PINK
5.25 in	13.3 cm	BLUE PINK
5.50 in	14.0 cm	BLUE PINK
5.75 in	14.6 cm	BLUE PINK
6.00 in	15.3 cm	BLUE PINK
6.25 in	15.9 cm	BLUE PINK
6.50 in	16.5 cm	BLUE PINK
6.75 in	17.2 cm	BLUE PINK
7.00 in	17.8 cm	BLUE PINK
7.25 in	18.4 cm	BLUE PINK
7.50 in	19.0 cm	BLUE PINK
7.75 in	19.7 cm	BLUE PINK
8.00 in	20.3 cm	BLUE PINK
8.25 in	21.0 cm	WHITE
8.50 in	21.6 cm	WHITE
8.75 in	22.2 cm	WHITE
9.00 in	22.9 cm	WHITE

**FAST
FIT**

No casting needed!

JumpStart® Kangaroo®

AFO trimline, PF block, DF free



CASCADE
daFO®

The JumpStart Kangaroo was developed to help young patients with fully-correctable pronation or supination and excess plantarflexion to re-align their base of support for improved stability in standing and walking. Use of the Kangaroo encourages more practice in dorsiflexed positions for patients who present with excess toe-walking or knee hyperextension. Full wrap-around flexible support encompasses the foot and ankle for pronation and supination control, and the well-defined plantar surface provides proprioceptive input. Proximal posterior AFO trimline blocks excess plantarflexion, encouraging knee flexion and tibial movement over the foot. Solid outer foundation adds extra arch support, heel stability and strength for block to excess plantarflexion.



Key Features

Open anterior

allows access to free dorsiflexion.

Solid outer foundation and posterior leg portion

add extra arch support, heel stability, and strength to block excess plantarflexion.

Full wrap inner liner

made from soft, thin polyethylene plastic allows full alignment control of the heel, mid-foot, and forefoot.

Designed for patients who:

- Exhibit a fully correctable foot position and fit within the product size range.
- Present with moderate pronation or supination and associated gait instability.
- Require block to excess plantarflexion presented as strong toe-walking or knee hyperextension.
- May benefit from the sensory feedback provided by a fully contoured foot bed.
- Will benefit from full access to dorsiflexion.

Standard Product Specifications

Prefabricated

Sized by measurement using the Fast Fit sizing jig.

Sizes: 4.00 - 9.00 inches (0.25 inch increments).

Choose length that will allow for 0.25 – 0.50 in growth.

Outer shell

Moderate Flexibility Polyethylene for sizes 4.00 - 8.00 in. Blue (Standard) or Pink.

Firm Co-poly for sizes 8.25 - 9.00 in.

White (with blue or pink straps).

Inner liner

Height same as foot length (ideal for ambulation).

Straps

Instep - riveted D-ring.

Forefoot - riveted layover.

SIZES		AVAILABLE COLOURS
4.00 in	10.2 cm	BLUE PINK
4.25 in	10.8 cm	BLUE PINK
4.50 in	11.4 cm	BLUE PINK
4.75 in	12.0 cm	BLUE PINK
5.00 in	12.7 cm	BLUE PINK
5.25 in	13.3 cm	BLUE PINK
5.50 in	14.0 cm	BLUE PINK
5.75 in	14.6 cm	BLUE PINK
6.00 in	15.3 cm	BLUE PINK
6.25 in	15.9 cm	BLUE PINK
6.50 in	16.5 cm	BLUE PINK
6.75 in	17.2 cm	BLUE PINK
7.00 in	17.8 cm	BLUE PINK
7.25 in	18.4 cm	BLUE PINK
7.50 in	19.0 cm	BLUE PINK
7.75 in	19.7 cm	BLUE PINK
8.00 in	20.3 cm	BLUE PINK
8.25 in	21.0 cm	WHITE
8.50 in	21.6 cm	WHITE
8.75 in	22.2 cm	WHITE
9.00 in	22.9 cm	WHITE

FAST FIT

No casting needed!



Distributed by



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